Delow is the	language we use to guide and teach the formation of each letter
а	Across, down, swing up and down
A	Slide down, pencil off to the top, slide down across the middle
Ь	Down, down, jump up around and down slide in
В	Down, down, pencil off to the top, around and in around and in
С	Across, down, little flick up
С	Across, down, down, little flick up
d	Across, down, swing up, up, down, down give it a flick
D	Down, down, pencil off to the top, around and in at the bottom
е	Slide up, curl round, straight back and little flick
E	Down, down, pencil off to the top, across, pencil off to the middle, across, pencil off to the bottom, across,
f	Across, down, down pencil off, across the middle
F	Down, down, pencil off to the top, across, pencil off to the middle, across
g	Across, down, swing up, down, down across for a tail
G	Across, down, down, swing up and straight line down
h	Down, down, jump up around and down
Н	On the left down, down, pencil off, on the right down, down, pencil off across the middle
i	Down, pencil off, dot on top
I	Down, down, cap on the top, cap on the bottom
i	Down, down, across for a tail, pencil off, dot on top
J	Down, down, across for a tail, pencil off across the top
k	Down, down, jump up around, kick in, kick out
K	Down, down, pencil off, on the right slide into the middle slide out
	Down, down that's all
L	Down, down slide straight across the bottom
m	Down, jump up around and down, jump up around and down
М	Down, down, pencil off to the top, slide down, slide up, straight down, down
n	Down, jump up around and down
N	Down, down, pencil off to the top, slide down, straight up, up
0	Across, down, swing up and join
0	Across, down, down, swing up, up and join
L	

Below is the language we use to guide and teach the formation of each letter

n	Down, down, up, jump up around and down, slide in
p P	Down, down, pencil off to the top, around and in to the middle
9 Q	Across, down, swing up, down, down, and flick Across, down, down, swing up, up and join, pencil off to the bottom, slide across
r	Down, jump up, around and stop
R	Down, down, pencil off to the top, around and in to the middle, slide down
S	Across, curl round, slide down, curl round and across the bottom
5	Across, curl round, slide down, down, curl round and across the bottom
+	Down, down, pencil off across on the line
Т	Down, down, pencil off across the top
и	Down, swing up and down
И	Down, down, swing up, up and down, down
v	Down, swing up and give it a flick
V	Slide down, down, slide up, up
w	Down, swing up, down, swing up. Give it a flick
W	Slide down, down, slide up, up, slide down, down, slide up, up
x	On the left, slide down, on the right slide across
X	On the left, slide down, down, on the right slide across and across
y	Down swing up, down, down, across for a tail
Y	Slide down to the middle and up, pencil off to the point straight down
z	Left to right, slide down, across the bottom
Z	Left to right, slide down, down, across the bottom

The most effective and efficient pencil grip has the pointer finger on top of pencil, thumb on one side of the pencil, middle finger on opposite side to thumb and the other two fingers slightly behind supporting the movement. abedefghljklmn opgrsturwxyz abedefghljklmn opgrsturwxyz abcdefghljklmn opgrsturwxyz abcdefghljklmn opgrsturwxyz abed efghljklmn opgrsturwxyz abedefghljklmn opgrsturwxyz